

Central Okanagan Community Connections



Boys and Girls Club of Okanagan

Giving young people and their families a safe place to belong and opportunities for a great future. 1434 Graham Street, (250) 762-3914



The Bridge Youth & Family Services

Inspiring healthy communities and resilience through services for youth, parents, foster homes and caregivers. Beyond the Blues, support for moms experiencing postpartum depression and anxiety. 2604 Enterprise Way #8, (250) 763-0456



Central Okanagan Family Hub

A safe, barrier free, inclusive place for families with children to access information and referrals for services and community supports including a food support program.

Pearson Elementary, 700 Pearson Road, (250) 826-6264



Central Okanagan Food Bank

Serving Kelowna, West Kelowna and the Central Okanagan with support of food drives, fundraisers & volunteers. 2310 Enterprise Way, (250) 763-7161 and 3711 Elliott Rd, West Kelowna, (250) 768-1559



Childhood Connections

Provides services and resources to help children and those who care for them grow and thrive including family programs and drop-in childcare. 1505 Harvey Ave #101, (250) 762-3536



City of Kelowna

Financial assistance to support the needs of our locally-based sports & event through community grants/programs. Sport Kelowna Centre, 645 Dodd Road, (250) 469-8500



Early Learning For Families (ELFF)

ELFF is a district program for parents and children 3-5 years old, designed to help families with preschoolers make early connections with their neighborhood school.



Family Support Institute of BC (FSI)

Supports families who have a family member with a disability by connecting them with trained Resource Parents/Peers sharing experiences, expertise, and guidance. 227 Sixth St, New Westminster, (604) 540-8374



Foundry Kelowna

Virtual, phone, and in-person mental health and substance use services for young people 12-24 including housing, income assistance, and employment support. 100-1815 Kirschner Rd, (236) 420-2803



Interior Health

Child Health Clinics are available to all families with young children. 505 Doyle Avenue, (250) 469-7070



Jordan's Principal

Ensures that all Indigenous children are able to access the products, services and supports they need, when they need it. ONA, 101-3535 Old Okanagan Hwy, (250) 869-6391



Kelowna Community Resources

A socially-responsive agency dedicated to meeting community, government and individual needs. 620 Leon Avenue, (250) 763-8008



Ki-Low-Na Friendship Society

Community services for mental, emotional, physical and spiritual well-being while encouraging preservation, sharing and promotion of Indigenous cultural distinctiveness. 442 Leon Avenue, (250) 763-4905



Central Okanagan Community Connections



Mamas for Mamas

Offers food support, individual counselling and mental health supports, referrals to free dental care, clothing, and parenting supplies. 1735 Dolphin Ave Unit 120, (236) 420-0075



Métis Nation BC, Family Services

Holistic services for the wellbeing of the Metis Community. 147 Park Road, (250) 868-0351



Okanagan Nation Alliance

Cultural teachings, education, awareness & understanding of cultural identity through a holistic worldview. #101, 3535 Old Okanagan Hwy, Westbank, 250.707.0095



Okanagan Regional Library

Public library with 29 branches with books, music, movies for all ages including a summer reading club and story time. 1380 Ellis Street, (250) 762-2800



Parent Support BC

Free services for parents, grandparents & kinship caregivers to provide emotional, educational, legal, & child-minding support. Support circles are offered in 7+ languages. Located in Burnaby but services offered in Kelowna. 1 (877) 345-9777



Project Literacy

Free tutoring support in math, English, and financial literacy for children and adults including a summer reading program. 1635 Bertram Street, (250) 762-2163



Regional District of the Central Okanagan

A wide variety of free, drop-in, nature-based programs and events. 1450 KLO Road, (250) 763-4918



Starbright

Infant development consultation plus a range of therapeutic services and programming for our youngest children. 546 Bernard Avenue, (250) 763-5100



Salvation Army Food Support

Food assistance, clothing and essential household items, children's backpack program (seasonal), caseworker for 1:1 approach. 200 Rutland Road South, (250) 765-3450



StrongStart at Central Okanagan Public Schools

A free drop-in play-based early learning program for children aged 0 to 5 accompanied by their parents or caregivers.



United Way of British Columbia

Programs and services that move people from poverty to possibility, help kids be all they can be, and building strong, resilient, healthy communities. 202-1456 St. Paul Street, (250) 860-2356



Westbank First Nation

Provides programs and services that support families and their children from birth to 12 years including Young Coyotes. Access to a nurse practitioner for any Indigenous child. 1880 Quail Lane, Westbank, (250) 768-4838



YMCA of Okanagan

Promoting healthy lifestyles through a wide range of programs and services including child care, child minding 375 Hartman Road, (250) 491-9622

